

Table 1. Swine-origin influenza antiviral medication dosing recommendations.

Agent, group	Treatment	Chemoprophylaxis	
Oseltamivir			
Adults	75 mg capsule twice per day for 5 days	75 mg capsule once per day	
Children (age, 12 months or older), weight:	15 kg or less	60 mg per day divided into 2 doses	30 mg once per day
	15–23 kg	90 mg per day divided into 2 doses	45 mg once per day

	24–40 kg	120 mg per day divided into 2 doses	60 mg once per day
	>40 kg	150 mg per day divided into 2 doses	75 mg once per day
Zanamivir			
Adults		Two 5 mg inhalations (10 mg total) twice per day	Two 5 mg inhalations (10 mg total) once per day
Children		Two 5 mg inhalations (10 mg total) twice per day (age, 7 years or older)	Two 5 mg inhalations (10 mg total) once per day (age, 5 years or older)

- Oseltamivir (brand name Tamiflu ®) is approved to both treat and prevent influenza A and B virus infection in people one year of age and older.
- Zanamivir (brand name Relenza ®) is approved to treat influenza A and B virus infection in people 7 years and older and to prevent influenza A and B virus infection in people 5 years and older.